



# KNOW YOUR RIGHTS ON WAGE CLAIMS

## ARE YOU GETTING YOUR LAWFULLY MANDATED BREAKS?

Learn about your **rights under wage and hour law**. Attorneys will provide information on how to file claims to recoup **compensation for missed breaks and lunches**.

Studies have shown that taking breaks reduces nurses' physical and mental fatigue and improves patient health outcomes. Breaks are fundamental to providing quality patient care and are protected under California law.

**Thursday, July 27, 2023**

- 10am - 12pm Virtual Training
- 1pm - 3pm In-Person Training

Location: PF Chang's  
4540 La Jolla Village Drive  
San Diego, CA 92122



RSVP for Zoom link and to hold your spot:  
[https://unacuhcp.io/voice4scripps\\_rights2023](https://unacuhcp.io/voice4scripps_rights2023)



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